

# **DIRECTORY OF SERVICES 2025**



# **MHID**

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**Nueces Center for  
Mental Health and Intellectual Disabilities**

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## CRISIS HOTLINE

1-888-767-4493

## JOB LINE

(361) 886-6918

## ADMINISTRATION

3733 S. Port Ave Bldg B  
Corpus Christi, TX 78415  
(361) 886-6900

## ADULT MENTAL HEALTH SERVICES

1546 S. Brownlee Blvd  
Corpus Christ, TX 78408  
(361) 886-6970

## ROBSTOWN MENTAL HEALTH SERVICES

1037 Texas Yes Blvd  
Robstown, TX 78383

## YOUTH MENTAL HEALTH SERVICES

3733 S. Port Ave Bldg A  
Corpus Christi, TX 78415  
(361) 886-1093

## INTELLECTUAL DISABILITIES SERVICES

212 S. Staples  
Corpus Christi, TX 78404  
(361) 886-4663

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@NCMHID

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## FEES AND CHARGES

Fees for services are determined by HHS MENTAL HEALTH MONTHLY ABILITY-TO-PAY FEE SCHEDULE

Medicaid and CHIP are accepted  
Some private insurances are accepted



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# ORGANIZATIONAL PROFILE

## History

Established in 1969, NCMHID is dedicated to helping the residents of Nueces County who experience mental illness and/or intellectual and developmental disabilities. On average, NCMHID served 10,000 individuals with job search, medication, counseling, and benefit support services.

## Mission:

To create a safe and collaborative environment empowering individuals to build resiliency and independence.

## Vision

Nueces County is a community where individuals and families acquire the knowledge, skills, and supports to participate meaningfully in society.

## Values

Respect, Dignity, Integrity, Excellence, Creativity, Results, Professional Development, Customer Service

### QUICK FACTS

**SCOPE:** 1 of 39 Texas Community Centers  
**DESIGNATED:** Local Mental Health Authority by Texas Department of State Health Services  
**DESIGNATED:** Local IDD Authority by Texas Health and Human Services Commission

**ESTABLISHED:** 1969  
**JURISDICTION:** Nueces County  
**PEOPLE ASSISTED:** Nueces County  
**STAFF:** 300 employees  
**BUDGET:** \$24 million  
**ACCREDITATION:** Joint Commission

## Service Areas

### Mental Health

Provides services to children (3-17 years) and adults (18+) for emotional, psychiatric, and social well-being. Treatment options include: case management, skills training, and psychiatric evaluation and follow up for such conditions as schizophrenia, bipolar disorder, major depressive disorder, and other emotional/behavioral disorders.

### Intellectual & Developmental Disability Services

Provides intervention, therapies, and supports throughout a lifetime including eligibility determination, autism services, respite, training and support, community supports, employment assistance, and service coordination.

## LOCATIONS

- Central Administration (Port Ave., Bldg. B)
- Youth Mental Health (Port Ave., Bldg. A)
- Pathways Adult Crisis Respite (Brownlee Blvd.)
- Advanced Employment Services (10th St.)
- La Mariposa Peer-Run Day Center (10th St.)
- Brownlee Square (Brownlee Blvd.)
- Intellectual Disabilities Services (Staples)
- Jail Based Programs (Waco St.)
- Robstown MH Clinic at Christus Spohn Family Health Center
- Guiding Point (NASCC)
- Physicians Plaza West (Hospital Blvd.)

# ADMINISTRATION

## Chief Executive Officer

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Mike Davis became the Center's Executive Officer in January 2017 and is responsible for managing delivery of services to nearly 8,684 individuals per year. He develops and manages a \$24 million annual budget, oversees human resources for 300 employees, and contracts, ensures compliance with regulation and standards and represents the center in community activities and events.

Mr. Davis earned a Bachelor's Degree in Science from Howard Payne University and a master's degree in criminal justice from Tarleton State University. He began his career with the Texas Youth Commissioner (TYC) and was a superintendent at five different facilities in the state. Mr. Davis was promoted in 2008 to Regional Director where he oversaw and supervised 6 TYC facilities and four half-way houses. In 2011, he began employment with Health and Human Service Commission at the Mexia State Supported Living Center in Mexia, Texas. Mr. Davis served as the Director for the facility until his retirement from the state in April 2016.

## Deputy Chief Executive Officer

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Mark Hendrix serves as the Deputy Chief Executive Officer. Mark is a Licensed Professional Counselor, he holds a Master's degree in Counseling from TAMUCC and Bachelor's degrees in both Criminal Justice and Psychology from TAMUCC. Mark has held numerous direct care and leadership positions throughout a career spanning over 15 years in the realms of clinical mental health, counseling, and higher education.

## Chief Medical Officer

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Dr. Michael Hernandez is a board certified psychiatrist who has practiced in Corpus Christi, Texas, for more than 18 years. His practice also has included other parts of South Texas over the past few years. Current psychiatric practice includes inpatient and outpatient care in both community settings and private practice. Patients treated include all age ranges from child to geriatric populations. Dr. Hernandez believes in client centered approach in offering individuals informed choices and in providing supportive care. In different capacities, Dr. Hernandez has been associated with NCMHID for more than fifteen years.

# ADMINISTRATION

## Executive Management Team

Mike Davis, Chief Executive Officer  
Mark Hendrix, Deputy Chief Executive Officer  
Dr. Michael Hernandez, Chief Medical Officer  
Rene Mendiola, Human Resources Director  
Annette Mayne, Executive Assistant  
Andrea Kovarik, MH Director  
Gina Pena, IDD Director  
Natalie Salas, Quality Management and Client Rights  
Russell Weir, IT Director

## Planning & Network Advisory Committee

Aaron V. Diaz  
Barbara Grees  
Donald Osborn  
Carl Christianson  
Albert Christianson  
Estevan Deleon  
Bruce Wilson

## Board of Trustees

Linda Fallwell-Stover, Chair  
Jane Dare Haas, Vice Chair  
Aaron Diaz, Secretary  
Dr. Carol Houston  
Nancy Lechner  
Aaron Diaz  
Jackie Caldwell  
Jimmy Rodriguez  
Bruce Wilson  
Deborah Dumesnil  
(Ex officio, Nueces Co. Sheriff's Office)

## Foundation Board of Directors

Jimmy Rodriguez, Chair  
Tim Clower  
Rick Rodriguez  
William Stith  
Lavonne Spears  
Lamont Taylor  
Alicia Tijerina  
David Tijerina  
Bruce Wilson





# CRISIS INTERVENTION SERVICES



## 24/7 CRISIS HOTLINE

A helpline for anyone who needs immediate emotional support.



## SUICIDE PREVENTION

Information and programs to help prevent suicide in our community.



## MENTAL HEALTH FIRST AID

A one-day class that teaches people how to help someone experiencing a mental health crisis or showing signs of mental



## COUNSELING & CASE MANAGEMENT

One-on-one mental health support for people experiencing a mental health crisis.



## EMOTIONAL SUPPORT IN DISASTERS

Mental health crisis services for adults and children who have experienced a natural or man-made disaster. We help at the scene of the disaster.



## COMMUNITY REFERRALS

Connections to local resources to provide ongoing care and support recovery.

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## Crisis Hotline

### 1-888-767-4493

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### Mobile Crisis Outreach and Crisis Hotline

A continuously staffed mental health crisis screening and assessment service available 24 hours a day, seven days a week to provide assessment, intervention, education, support, and referrals to individuals experiencing a psychiatric crisis. Screenings are conducted by telephone or face-to-face by a qualified professional to assist individuals in accessing the services and supports they need. Crisis services are available to any and all persons experiencing a mental health crisis within Nueces County.

### Crisis Walk-in Clinic

The Walk-in Crisis team of Nueces County MHID is a clinically staffed treatment team that provides prompt face-to-face crisis assessment, crisis intervention services (emergent/urgent care), crisis follow-up, and relapse prevention services as well as transitional services for individuals of Nueces County. Walk-in crisis services are immediately accessible services for adults, children: ready access to psychiatric assessment and treatment for new individuals with urgent needs, and access to same-day psychiatric assessment and treatment for existing individuals within the system with urgent needs. For persons whose crisis screening and/or assessment indicate that they are at extreme risk of harm to themselves or others in their immediate environment, rapid transfer to a higher level of care is facilitated. If extreme risk of harm is ruled out, brief crisis intervention services are provided on-site. Walk-in crisis services are designed to be intensive and time-limited, and are provided until the crisis is resolved or the person is referred to another level of care. After the initial crisis assessment and intervention, continuing services may be provided in the office for up to 90 days until the individual is stabilized and/or transitioned to an appropriate behavioral health setting.

### Mobile Crisis Outreach Team (MCOT)

MCOT provides crisis assessment and intervention services, including follow-up and engagement, to individuals experiencing a mental health crisis. Services are designed to reach individuals at their place of residence, school, and/or other community-based safe locations, 24 hours per day, 365 days per year. The Mobile Crisis Outreach Team works to respond to crisis calls providing rapid community-based intervention and linkage to resources including respite, intensive outpatient, and inpatient services.

# CRISIS INTERVENTION SERVICES

## Crisis Services

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### Crisis Intervention Team (CIT)

The objective of the Crisis Intervention Team is to establish a system for recognizing, evaluating, and redirecting individuals who interact with law enforcement toward treatment rather than arrest or incarceration. Crisis intervention personnel collaborate with officers trained in crisis intervention to respond to 911 calls related to individuals dealing with mental health issues, including substance abuse or dependence.

### Crisis Respite (Pathways) 1642 Brownlee Blvd.

Pathways crisis respite and stabilization services are available to adults in Nueces County and accessed via our crisis services or direct referral. There are 16 beds available. Pathways staff work to assist individuals bridge back to the community after inpatient care. Staff provide basic case management, medication education, stabilization, and ongoing daily assessment of suicidality risk factors. Services are provided primarily onsite; however, case management staff do take individuals into the community as needed to address needs. Services are provided 7 days a week, 24 hours per day.

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## Crisis Hotline

**1-888-767-4493**

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# ADULT MENTAL HEALTH SERVICES

## **Mental Health Services - 1546 S. Brownlee Blvd. | 361-886-6970**

### **Mental Health Services Intake and Cognitive Behavior Therapy**

The intake department provides screening, assessment, and evaluation for service eligibility for individuals residing in Nueces County who would be served in adult mental health. Services include an eligibility assessment as well as a diagnostic evaluation to determine the level of need. Individuals not eligible for services are referred to community resources and support services that can meet their identified needs. Cognitive Behavior Therapy is available to qualifying individuals. All services are provided on-site. Services are provided Monday – Friday 8 am – 5 pm.

### **Routine Case Management and Skills Training**

Individuals are in routine case management/skills training services. These individuals are those whose illness is well managed and they are working on higher-order needs and maintenance of recovery. Services include basic case management focused on access to adjunct services in the community and resource access and acquisition. The majority of services are provided on-site with approximately quarterly contact for most individuals when they have their physician's appointment. Some individuals do receive skills training services to address symptom management and other recovery needs. Services are provided Monday – Friday 8 am – 5 pm.

### **Psychosocial Rehabilitation**

Utilizing the Illness Management Recovery curriculum, psychosocial rehabilitation assists individuals with severe persistent mental illness in obtaining and maintaining stability and independence within the community. Services are person-directed and incorporate an individual's strengths and resources. Services include symptom management and education, coping strategies, psychiatric medication management, peer support, and independent living skills, among others. Services are provided Monday – Friday 8 am – 5 pm.

### **Jail Diversion**

Jail Diversion's primary goal is to divert and serve individuals who have been incarcerated and have an identified mental illness that played a role in their arrest. Jail Diversion has 2 primary access points. The first being the pre-arrest, post-detention diversions initiated from the Crisis Intervention Teams. The second is the Nueces County Jail. These individuals must be approved to participate in the program by the District Attorney's office. Upon approval, individuals are enrolled in Jail Diversion and released on a personal recognizance bond with conditions set by the District Attorney's office to participate in ongoing outpatient Mental Health services. Services are provided Monday – Friday 8 am – 5 pm.

### **Assertive Community Treatment (ACT)**

ACT is the highest level of care within the core service system. ACT is an evidence-based service delivery model that utilizes the Illness Management and Recovery curriculum in the provision of intensive rehabilitation services. Individuals within this program have the highest level of need and most severe mental illnesses. An interdisciplinary team collaborates closely to provide intensive psychosocial rehabilitation and medication management. 80% of services are provided in the home/community setting and are provided on an ongoing, almost daily basis to those in this program. The Physician plays an integral and in-depth role within the team. Services are provided Monday – Friday 8 am – 5 pm.

### **Who is eligible?**

Adult Mental Health Services are accessible to residents of Nueces County aged 18 and over who qualify for services based on an assessment. We offer services on a sliding fee scale, taking into account insurance coverage and income.

### **What type of professionals provide services?**

Our team comprises a diverse range of licensed and non-licensed treatment providers. This includes Qualified Mental Health Professionals (QMHP-CS), Peer Specialists, Family Partners, Licensed Professional Counselors, Psychiatrists, Nurses, Certified Medical Assistants, Nurse Practitioners, and Physicians Assistants, among others. Together, we work to support those we serve in their journey to recover from mental illness and achieve the life they desire.

# ADULT MENTAL HEALTH SERVICES

## **Mental Health Services - 1546 S. Brownlee Blvd. | 361-886-6970**

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### **Forensic Assertive Community Treatment (FACT)**

The purpose of the program is to provide intensive rehabilitation services to individuals with serious mental illness who are involved with the criminal justice system. These individuals may have co-occurring substance use and physical health disorders. FACT is an intervention that bridges the behavioral health and criminal justice system. Consumer contact is frequent, sometimes daily, with individuals, family members, or service providers to maintain community integration. Services are provided Monday–Friday 8 am–5 pm.

### **Psychiatric Medication Clinic**

Provides psychiatric medication management and support to individuals involved in outpatient treatment with the Center. Multiple medication clinics are run daily Monday–Friday. The vast majority of medication services are provided through the Medication Clinic. Services are provided on-site Monday–Friday 8 am–5 pm.

### **Continuity of Care**

Continuity of Care staff work closely with the local courts, state hospital system, and local hospitals to help coordinate and monitor inpatient care for all individuals within Nueces County. In collaboration with local hospitals, the criminal justice system, and the state hospital system, they work to assist in coordinating and representing the Center's clients within the state inpatient care system. Services are primarily coordinating and administrative in nature. Staff make weekly trips to monitor ongoing care with the goal of returning individuals to the community. Services are provided Monday–Friday 8 am–5 pm.

### **Projects for Assistance in Transition from Homelessness (PATH)**

The program's primary goal is to reduce or eliminate homelessness for individuals with serious mental illnesses or co-occurring substance use disorders who are homeless or at imminent risk of becoming homeless. The PATH program operates primarily in the community offering outreach, engagement, education, and case management services. Services are primarily focused on obtaining vital records, securing housing/shelter, limiting their criminal justice involvement, addressing functional impairment, and co-occurring substance abuse, and employment issues.

### **Care Coordination**

Care Coordination staff work closely with the entire treatment team to provide direct assistance to clients and/or family member(s) get the help they need to improve their health and/or other associated conditions through proper referrals and connections to needed services. The client's needs are identified through a comprehensive care coordination assessment which will indicate the level of care coordination and interaction. Care Coordination staff collaborate with local community agencies and resources such as food pantries, clothing assistance, housing assistance, vocational services, and communicate with the multidisciplinary team to follow up on behavioral care referrals internal and external. Services are provided to MH adult and MH youth and are coordinated through calls directly to organizations and consumers to address ongoing needs or identify any new needs. Services are provided Monday–Friday 8 am–5 pm.

## **La Mariposa - 1602 10th Street | 361-886-1420**

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### **La Mariposa New Life Wellness Center**

La Mariposa Recovery Center is a peer-run program which focuses on providing support and unique access to services for individuals served. Our peer specialists provide educational and support groups, cooking classes, leisure activity classes, and physical health classes, among other programming to provide support for recovery to those we serve. It is also just a place for our clients to hang out and socialize with their peers. Services are provided on site Monday – Friday 8 am – 3 pm.

### **Substance Use Disorder Treatment for Adults (TRA) - NEW PROGRAM**

Outpatient treatment services for substance use disorders are provided in a community-based setting at a licensed treatment center. Outpatient treatment is to address any substance-related disorder as well as prevention activities. People in outpatient treatment develop the skills to start and continue their recovery process while continuing to live and work in their community. Treatment includes counseling, case management, education, and recovery skills training. Eligibility requirements include being a Texas resident of 18 years of age and older and being diagnosed with a substance use disorder.

# ADULT MENTAL HEALTH SERVICES

## **Robstown Clinic - 1038 Texas Yes Blvd., Robstown, TX | 361-886-1445**

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### **Robstown Clinic**

Provides a full array of services for adults and youth. Services include an assessment completed by a licensed professional, medication training support, parent support groups, family partner, psychosocial rehab, psychiatric evaluation, pharmacological management, skills training development, case management and crisis intervention. Cognitive Behavioral Therapy is available to qualifying youth and adult individuals. Services in Robstown are integrated with Christus Spohn Family Health Clinic to provide access to both physical health and psychiatric services in one location. Also located in the Robstown Center is a Nueces County Clinic Card office for assistance with eligibility and/or renewal. Services are provided on site as well as in our local community Monday - Friday, 8am – 5pm.

## **Adult Mental Health - 105 Waco St. | 361-882-1312**

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### **Jail Based Competency Restoration**

Delivers services to individuals with criminal offense(s), who are ineligible for outpatient restoration. Individuals are remanded by the court system to competency restoration services after being deemed “incompetent to stand trial” due to the nature of their illness. JBCR provides a local treatment option and reduces delays associated with state-based restoration services.

### **Outpatient Competency Restoration (OCR)**

Delivers services to individuals with nonviolent offense(s). Individuals are remanded by the court system to competency restoration services after being deemed “incompetent to stand trial” due to the nature of their illness. The services primarily focus on education rehabilitation skills, medication stabilization, aiding individuals in comprehending their charges and restoring competency to enable them to stand trial for their committed crime(s). Upon restoration, individuals are often reintegrated into the community for continued support and ongoing services. Ongoing support and services are offered through Brownlee Square from Monday to Friday, 8 am to 5 pm, with round-the-clock monitoring at Pathways Crisis Respite where individuals are housed.

### **Substance Use Disorder Community Health Workers (SUD/CHW)**

The SUD/CHW program provides outreach, engagement, and care coordination for individuals with substance use or dependence, those who experience housing instability or homelessness, IV drug users, those who live with Hepatitis C, HIV, and those in need of medical and or mental health services. The program’s primary goal is to help guide, link, and support individuals in their recovery and treatment.

### **Texas Correctional Office of Offender with Medical and Mental Impairment (TCOOMMI)**

Under the contract with TCOOMMI, the program provides psychosocial rehabilitation, case management, and medication management services to individuals on parole and probation who are identified as having a priority population diagnosis. Individuals are served utilizing the illness management and recovery curricula. The majority of services are provided in the home/community setting, however a large amount of services are provided on site as well. Individuals are typically seen weekly for ongoing services and support with the goal of assisting them in collaborating with the justice system and successfully completing parole and probation while avoiding recidivism. Services provided Monday – Friday 8 am – 5 pm.

### **Coordinated Specialty Care (CSC) - NEW PROGRAM**

The CSC Program is to help serve individuals who are between the ages of 15-30. The individual must have a diagnosis, which contains psychosis that was first given within the last two years. The length of stay in the program shall not exceed 36 months. The purpose of CSC program is to provide a specialized treatment approach for those experiencing their first episode of psychosis. Individuals in this program will have a diagnosis that includes psychotic features that will vary in terms of needs and severity. The program's goal will be to identify and help individuals before their symptoms and/or diagnosis are the primary feature of his/her life. Due to the early intervention model, many individuals may be entering behavioral health services for the first time and require a comprehensive array of services to be available. The team-based approach is a vital aspect of the assistance an individual will receive when they participate in the program. Coordinated Specialty Care (CSC) Teams are trained in the CSC model and provide an individual with all the clinical and support services, so care is provided efficiently with a focus on recovery.

# ADULT MENTAL HEALTH SERVICES

## Turning Point/ Veterans -2601 Hospital Blvd. |361-886-1367

### Turning Point Counseling | 361-886-1367

Turning Point provides counseling services and crime victim services to individuals who have been a victim of a crime, either recently or in the past. Other Victim Assistance Grants (OVAG). Counseling is provided on-site at no cost to those served. Services provided Monday – Friday 8 am – 5 pm.

### Veterans Services | 361-886-1086

A Military Veteran Peer is available to support and assist current and former service members and their families in accessing Veteran's supports within the community, Military Veteran Peer Network (MVPN). Services provided Monday – Friday, 8 am – 5 pm. (Appointments are available outside of standard office hours, if needed.)



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Kela's journey is a testament to the power of resilience and faith overcoming a turbulent past marked by addiction, incarceration, and severe trauma. She was born into a life of instability finding herself entangled in the foster care system at a young age which would lay the groundwork for the various challenges that would shape her life. From the age of 13, Kela began her cycle of being in the criminal justice system. Her adolescence was damaged by consistent brushes with the law, leading to another cycle of imprisonment and release that followed her into adulthood. She was diagnosed with several similar mental health disorders, including oppositional defiant disorder, explosive disorder, borderline personality disorder, and bipolar disorder, until she was finally diagnosed with Schizoaffective Disorder, Bipolar type.

Through the darkness of her past, Kela found solace and strength in her unwavering faith in God, and the case managers at MHID. Despite her progress, Kela has encountered setbacks along the way, but has learned how to continue living a healthy lifestyle thanks to the coping skills she has been taught by the staff at MHID. She credits both MHID and her faith as beacons of hope for her recovery journey. Through these means she has also learned self-reflection and has embarked on a path of resilience and redemption. With the guidance of the case managers she has been working with for several years, Kela learned to confront her past with courage and humility, acknowledging the harm she had caused herself and others.

Over the past decade, Kela has achieved significant milestones in her journey towards recovery. She aspires to continue her education and sobriety by obtaining her GED and pursuing a career as a drug counselor. Her desire to give back to the community reflects a deep-seated commitment to redemption and service. She is thankful for this new diversion center and hopes it will help others transition from jail, or hospitalization to a better life of resiliency. Kela emphasized how this type of center would have helped her immensely over the years.

Kela's life exemplifies the transformative power of resiliency and self-reflection in the face of adversity. She hopes her story can serve as an inspiration to others, demonstrating that with self-reflection and determination, even the darkest paths can be illuminated by the light of redemption.

*Kela Huey*

## Success Story

Introducing Kela: Discover her remarkable journey and the extraordinary resilience she has cultivated with the support of MHID. You can help empower more individuals like Kela by making a donation today at [www.ncmhid.org/donate](http://www.ncmhid.org/donate).

# YOUTH MENTAL HEALTH SERVICES



## COUNSELING SERVICES & CASE MANAGEMENT

Support emotional health through counseling.



## FAMILY EDUCATION & SUPPORT

Programs that teach families how to talk to each other and work through problems.



## SUICIDE PREVENTION

Information, programs and support to help youth at risk for suicide.



## PSYCHIATRIC MEDICATION CLINIC

Access to medicine that supports mental health.



## SELF-CARE & SOCIAL SKILLS

Tools that help children take care of their health and build healthy bonds with other people.



## INTENSIVE CASE MANAGEMENT

**Youth Services -3733 S. Port Ave. |361-886-1093**

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### Children's Mental Health Services

Mental Health Services are available for children & adolescents, ages 3-17. An assessment is completed by a licensed professional to access a comprehensive array of behavioral health services that are designed to improve a child's functioning and reduce symptoms associated with behavioral and emotional disorders. Services include assessment, crisis intervention, skills training and development, counseling, medication training and support, case management, family partner support, psychiatric evaluations, and pharmacological management.

### Youth Empowerment Services (YES) Waiver

A Medicaid Home and Community-Based Services Waiver that allows for more flexibility in the funding of intensive community-based services to assist children and adolescents with severe emotional disturbance to live in the community. YES services go beyond the services available through other Medicaid benefits. YES uses a planning process known as Wraparound to create a plan specifically for your child. YES services are designed to identify and support the strengths of the child or youth. The Wraparound process builds on support that the family and community provides. To obtain more information or to get registered on the inquiry list for Nueces County, please call 1-844-253-4947.

## Community Education and Prevention

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### Mental Health First Aid Training

Mental Health First Aid (MHFA) teaches you how to identify, understand, and respond to signs of mental illness and substance use disorders. This training gives you the skills you need to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. Two courses are available, Youth MHFA and Adult MHFA. Both are delivered by certified instructors. To find a course near you, visit [www.mentalhealthfirstaid.org](http://www.mentalhealthfirstaid.org) or contact our MHFA Coordinator, at 361-886-1093.

### Behavioral Health Partnership Program

Our Center employs a licensed professional (BHPP), to serve as a mental health and substance use resource for school district personnel. Training, professional development, and overall support are provided to school personnel to bring awareness and understanding of these subjects, as well as support children with intellectual and/or developmental disabilities suffering from grief and trauma. Training and professional development is provided at no cost and can be tailored to the needs of each district. The BHPP Liaison provides services to school districts and charter schools located within the Education Service Center Region 2, which serves Aransas, Bee, Duval, Jim Wells, Kenedy, Kleberg, Live Oak, McMullen, Nueces, and San Patricio Counties. The school districts must be a part of the ESC to receive services.



# INTELLECTUAL & DEVELOPMENTAL DISABILITY SERVICES



## **SERVICE COORDINATION & COMMUNITY REFERRALS**

Connections to local resources to provide ongoing services and care.



## **Community Living Support**

Help for people learning to live on their own



## **Employment Services**

Help finding work



## **IQ Testing**

Tests to make intellectual and developmental disabilities diagnoses



## **CRISIS SUPPORT**

Help managing stress and staying safe during a mental health crisis.



## **Family Education & Support**

Access to medicine that supports mental health.



## **Social & Daily Living Skills**

Tools that help people take care of their health, live on their own and talk to others

### **Who is eligible?**

Intellectual and Developmental Disability Services are available to individuals over 3 years of age who are diagnosed with an intellectual disability (IQ below 70), have a developmental disability such as a diagnosis on the Autism Spectrum, or who have certain other related conditions. Services are offered on a sliding fee scale based on insurance coverage and income. What is the goal of IDD Services? Our programs consist of a wide array of services to help individuals achieve their highest level of independence and functioning. Once determined eligible, our team of staff work with individuals and their families to identify the areas of a person's life where they want to improve their skill set and abilities. The team then identifies what services and supports a person will need to try and reach their personal goals. We then implement services based on the program the individual is in, the service availability, and find additional resources in the community.

**IDD Services- 2601 Hospital Blvd. Physicians Plaza West| 361-886-4663**

### **Intake & Assessment**

Services are available for individuals ages three and older who have an intellectual disability, a developmental disability, and in some programs certain other related conditions. Intakes are conducted to screen for crisis, assess needs, and to assist with placement on statewide waiver interest lists. Once eligibility for services has been determined, the intake coordinator will assist with admission and referral to service coordination. Intake also monitors the waiver interest lists and provides bi-annual contacts to all individuals on the list to ensure they are still interested and that contact information is current. Any person not already in an IDD program who has a desire or need for any available IDD service must contact the Local Authority Intake Coordinator as eligibility must be determined and then the person will be admitted to services and assigned a service coordinator.

### **Determination of Intellectual Disability**

A psychological assessment is conducted to determine eligibility for Local Intellectual and Developmental Disability Authority (LIDDA) and other state-funded IDD services and programs. Previous assessments may be reviewed to assist with the determination of eligibility. Intelligence testing, autism testing, assessments of adaptive functioning levels, and other testing and assessments may be conducted as needed.

# INTELLECTUAL & DEVELOPMENTAL DISABILITY SERVICES

**IDD Services- 2601 Hospital Blvd. Physicians Plaza West | 361-886-4663**

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## **IDD Continuity and Enrollments**

Services are provided to individuals with intellectual disabilities who are at risk of placement in or are currently residing in state hospitals to ensure that the individual is transitioned to and from the facility with appropriate resources. Additionally, individuals who are interested in residing in Intermediate Care Facilities for Individuals with Intellectual Disabilities (ICF/IID) are assisted with determining eligibility, provided with contact information for facilities, and assisted with the admissions process. For individuals who are offered a position in either the HCS or Texas Home Living Waiver, services are provided to ensure the individual is screened for eligibility for the program and enrolled as per HHSC requirements, and in a timely manner.

## **Diversion Coordination**

Individuals with intellectual disabilities who are interested in moving to or at risk of being placed in a nursing facility must be screened for eligibility for other community-based services. Diversion Coordination is provided by a qualified intellectual and developmental disability professional who will ensure that necessary services and supports are in place to maintain or improve an individual's ability to remain in or return to community living.

## **Enhanced Community Coordination (ECC)**

Individuals with intellectual disabilities who are transitioning from or at risk of being placed in an institution such as a State Supported Living Center must be screened for eligibility for other community-based services. ECC is provided by an enhanced community coordinator who will ensure that necessary services and supports are in place to maintain or improve an individual's ability to remain in or return to community living. In order to ensure successful placement in the community, monitoring of an individual's return to community living from an institution is also provided for a minimum of one year, then the individual is transitioned to regular service coordination.

## **Permanency Planning**

Services are provided to individuals under the age of 22 who are either residing in a Home and Community-Based Services group home, an ICF/IID, or a State Supported Living Center or are at risk of being placed in one of these settings. The goal of these services is to return the individual to their family setting or an alternate family setting. Permanency planning is used to identify any issues that have resulted in the placement outside the family home, find barriers to returning to their family home or an alternate family setting, and identify any supports needed to assist in the return to a family or alternate family setting.

## **Community Living Options Information Process (CLOIP)**

Services are provided to individuals with intellectual disabilities who are currently residing in the Corpus Christi State Supported Living Center (CCSSLC). Services include assessing to determine an individual's needs and desire to live in the community, providing information to the individual and their family or LAR on various community living options, and providing feedback to the individual's team on the information obtained. CLOIP program staff can also assist with arranging tours of community providers and various residential and day programming options as part of this process. Quarterly wellness visits are also provided to those receiving CLOIP services.

## **Transition Support Team (TST)**

Provides assistance, training, and case consultation to contracted Local Intellectual and Developmental Disabilities Authorities (LIDDAs), Local Mental Health Authorities/Local Behavioral Health Authorities (LMHA/LBHAs), Managed Care Organizations (MCOs), and providers of Home and Community-based Services (HCS), Texas Home Living (TxHmL), Community Living Assistance and Support Services (CLASS), and Deaf Blind and Multiple Disabilities (DBMD) within the entire South Texas region in supporting individuals with both IDD and complex medical/behavioral health needs. These individuals are transitioning from or at risk of being sent to institutional settings including State Supported Living Centers and nursing facilities.

# INTELLECTUAL & DEVELOPMENTAL DISABILITY SERVICES

## **IDD Services- 212 S. Staples | 361-886-4663**

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### **Crisis Intervention Services (CIS) and Crisis Respite**

Short-term supports provided to individuals with IDD who also have significant behavioral, psychiatric, or other needs that put the individual at risk of immediate danger to self or others; put the person's physical or mental health at risk of serious deterioration; or cause an individual to believe that they are at risk for harm or deterioration. CIS can include crisis assessment, supports to the individual and primary caregiver to assist with coping skills, behavioral supports, and other supports needed to de-escalate a crisis situation. Crisis respite services can be provided in-home if it is anticipated that the crisis can be stabilized within 72 hours or out-of-home in a supervised setting on a brief temporary basis if the crisis cannot be resolved while the individual remains at home.

## **IDD Waiver Provider Services- 1625 10th St. | 361-886-6936**

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### **Individualized Skills and Supports (ISS)**

NCMHID's Internal Waiver Provider is licensed to operate as an ISS provider. These services are geared towards improving individuals' skills in the areas of health, safety, community awareness, community living, personal development, independent living, and social interaction. Off-site ISS services are provided by MHID staff at various community locations as identified and selected by the program participants. This location was formerly our Day Habilitation Center and may still serve as a day habilitation location for individuals in other programs such as PASRR.

### **Employment Assistance/Supported Employment (EAS/SE)**

EAS/SE is assistance with finding and maintaining competitive employment in an integrated setting with ongoing individualized support services consistent with the individual's person-directed plan. The service includes supervision and training, essential to sustain paid competitive work by an individual.

### **Home & Community-Based Services (HCS)**

Supports eligible individuals living in their own home, a family home, or in a host home. Offers an array of services based on the needs of the person, including individualized skills and support, personal attendant services/habilitation, respite, transportation, dental, nursing, supported employment/employment assistance, and specialized therapies. Encourages personal choice and maximum level of independence while using a natural support system to achieve goals.

### **Provider Attendant Services, Habilitation, Transportation (PAS/HAB)**

Provider Attendant Services, Habilitation, Transportation is assistance with and/or training on the acquisition of activities of daily living and various life skills provided by attendants both in the home or in the community. Transportation to and assistance during community-based appointments, activities, and events can also be provided.

### **Specialized Therapies**

Contracted services include assessments and treatment by licensed or certified professionals including dietary assessments, audiology, occupational therapy, physical therapy, speech therapy, and behavioral support.

### **Texas Home Living Services (TxHmL)**

Services similar to those offered in the Home & Community Services Program (as listed above). However, host home and other residential services are not available in this program.

## **LIDDA & Other IDD Services- 212 S. Staples | 361-886-4663**

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### **Service Coordination**

A person-directed process to link, coordinate services, and support people to achieve their personal outcomes. Service coordination includes writing, reviewing, revising, implementing, and monitoring the plan of services provided. Service coordinators assist people in securing and maintaining services in the community including education, training, transportation, specialized therapies, advocacy, food, housing, financial benefits, and crisis management. Service coordination is provided for individuals enrolled in general revenue services, the Texas Home Living waiver program, the Home and Community Based Services waiver program, and the Community First Choice Program.

# INTELLECTUAL & DEVELOPMENTAL DISABILITY SERVICES

## **LIDDA & Other IDD Services- 212 S. Staples | 361-886-4663**

### **Community First Choice (CFC)**

Individuals with Star Plus or Star Kids Medicaid receive services to help them live more independently in the community. Services include personal assistance with daily living skills, habilitation services to help them care for themselves, emergency response services, and support for persons who choose to select and manage their own attendants. The LIDDA assists with screening and determining eligibility for CFC services. Additionally, ongoing monitoring of CFC Services is provided. Once enrolled, the individual must select a provider contracted with their Managed Care Organization from which they will receive their direct services.

### **Habilitation Coordination**

Intensive service coordination-like activities provided by a qualified intellectual and developmental disability professional to individuals with intellectual disabilities residing in nursing facilities. Habilitation Coordination includes writing, reviewing, revising, implementing, and monitoring the individual plan of services. Monitoring and coordination of all Pre-Admission Screening and Resident Review specialized services and nursing facility services. Addressing with the team, any changes in a person's condition while residing in the nursing facility. Individuals are also provided with Community Living Options to ensure they are aware of their ability to transition to the community.

### **Pre-Admission Screening and Resident Review (PASRR)**

Staff provide screening and engagement services to individuals in nursing facilities to determine the need for community-based mental health services or intellectual and developmental disability services. If eligible for mental health services, individuals are referred to Adult Mental Health to receive Mental Health services needed to meet their needs and return them to the community and independence. If individuals are eligible for IDD, services are provided to individuals residing, or at risk of placement, in a Nursing Facility. Individuals receive Specialized Services including occupational therapy, speech therapy, physical therapy, a customized manual wheelchair, and durable medical equipment from their Nursing Facilities. Individuals also receive additional specialized services from the LIDDA including Day Habilitation, Behavioral Support, Independent Living Skills, Transition Assistance, and Employment Assistance/Supported Employment.

## **Other IDD Services- 212 S. Staples | 361-886-4663**

### **Apprenticeship Program**

Individuals with qualifying disabilities who are interested in employment, but may be lacking skills and experience, can apply to be an apprentice through the program to a community based employer host site. Individuals in the program are paid through the program while working apprentice hours at the work site where they learn marketable job specific tasks and gain experience. Individuals also attend classroom sessions where they learn soft skills needed to be successful in any job.

### **Employment Navigation - NEW PROGRAM**

Individuals with IDD, ages 16 and up, who are interested in community-based competitive integrated employment, can be assisted with navigating the various services systems and programs provided by different state agencies. The Employment Navigators work with individuals to identify their employment goals, link them to agencies who have the rights supports, provide assistance to ensure all necessary parties are involved in the planning of employment related goals. This service is provided at no charge to qualifying individuals as it is part of a state funded pilot program.



# INTELLECTUAL & DEVELOPMENTAL DISABILITY SERVICES

## **Guiding Point Program- 903 Ocean Dr. Bldg 1219 | 361-961-2742**

### **Paid Employment for IDD Consumers**

The Center operates and manages a Source America/Ability One contract with the Corpus Christi Army Depot, which provides paid employment to persons with disabilities. This contract has employment opportunities related to custodial and floor maintenance services. Both part- and full-time positions are available. Day shifts provide custodial services. Evening shifts are available for floor maintenance. Individuals receive federal minimum wage and benefits based on federal requirements. Individuals do not have to be admitted to IDD services in order to be employed through this program, but must have a qualifying disability and must provide their own proof of disability that meets program requirements.

## **General Revenue Services- 1625 10th St. | 361-886-6955**

Individuals receive services in their home and in the community including habilitation training, support, respite, and vocational or employment services. These services are limited in scope and are provided to those with the greatest need. Enrollment into an IDD waiver program disqualifies an individual from continuing in services.

### **Community Support**

Provides individualized activities consistent with the person-directed plan, provided in the home and at various community locations as appropriate. Provides habilitation and support activities to improve the ability to perform daily living activities. Includes support services to the family to help preserve the family unity and prevent or limit out-of-home placement.

### **Respite**

Provides short-term relief services for the unpaid caregiver when the caregiver is temporarily unavailable to provide support. Respite also provides personal assistance in daily living activities, functional living tasks, and supervision for safety and security. This service includes habilitation activities, social interaction, participation in leisure activities, and use of natural support system and typical community services available to all people.

## **Advanced Employment Services- 1625 10th St. | 361-886-6955**

Provides services that are designed to meet the vocational and employment goals of each participant. These services and employment options are designed to be temporary with an ultimate goal of competitive integrated employment for all individuals.

### **Paid Employment for IDD Consumers**

The Center operates and manages Work Quest/ Works Wonders contracts with the Texas Department of Transportation which provide paid employment opportunities for persons with disabilities. Current contracts have employment opportunities related to grounds maintenance and highway litter pickup positions. Currently only part time positions are available and individuals must be enrolled in IDD services and must provide their own proof of disability that meets program requirements.

### **Paid Vocational Training**

Is provided on site and in the community to individuals in the general revenue program to enable these individual to obtain employment. Vocational trainees are paid for all activities performed and may be assigned to crews who provide custodial services, grounds maintenance, litter pick-up, and shredding services.



# JOIN OUR TEAM

The Nueces Center for Mental Health and Intellectual Disabilities offers an exceptional platform to initiate or elevate your career. With a team of more than 300 committed professionals, we are dedicated to serving our communities, consumers, and fostering professional development. Our primary goal is to provide the highest quality of care to our consumers.

## DEGREES

- Accounting
- Communications
- Education
- Psychology
- Gerontology
- Human Resources
- Information Technologies
- Marketing
- Medicine
- Nursing
- Psychology
- Public Administration
- Rehabilitation
- Counseling
- Social Work
- Sociology

## FULL TIME AND PART TIME POSTIONS

- Accounting
- Case Manager MH Adult, Youth , IDD
- Clerks/Admin Assistant
- Custodial Trainee
- Direct Support Professional
- IT/MIS
- Licensed Professional Counselors
- Licensed Vocational Nurse
- Maintenance
- Medical Assistants
- Nurse Practitioners
- Nurses
- Physicians Assistant
- Program Supervisor
- Psychiatrist
- Qualified Mental Health Professional
- Rehab Therapy Tech
- Safety Officer
- Training Specialist

## BENEFITS

- Health
- Dental and Vision
- Employee Assistance Program
- Wellness Program
- Retirement Plan
- Direct Deposit
- Career Ladder Incentives
- Life Insurance
- Paid Time Off
- Paid Holidays
- Personal Holidays
- Mileage Reimbursement

## HOW TO APPLY

### STEP 1:

visit [www.ncmhid.org](http://www.ncmhid.org)

### STEP 2:

Click "Resources" then "Careers"

### STEP 3:

Select a job opening and apply

**Nueces Center for Mental Health and Intellectual Disabilities is an equal opportunity employer.**

All qualified applicants will receive consideration for employment without regard to race, color, religion, gender, sexual orientation, gender identity or expression, national origin, age, disability, protected veteran status, genetic information, or any other characteristic protected by applicable law. Nueces Center for Mental Health and Intellectual Disabilities is a drug free workplace and participates in e-verify to verify the employment status of all persons hired to work in the United States. The Nueces Center for Mental Health and Intellectual Disabilities is committed to working with and providing reasonable accommodation to individuals with a disability who need assistance with the application process, please contact us at (361) 886-6900 or [hfrank@ncmhid.org](mailto:hfrank@ncmhid.org).

**Nueces Center for Mental Health and Intellectual Disabilities is an Equal Opportunity/Affirmative Action/Veterans/Disability Employer**

# **DIRECTORY OF SERVICES 2025**

**CRISIS HOTLINE  
1-888-767-4493**



# **MHID**

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**Nueces Center for  
Mental Health and Intellectual Disabilities**